**Aptenia cordifolia**

Edward F. Gilman

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**Introduction**

Inch long dark green foliage and bright red, aster-like flowers combine to make Baby Sunrose a spectacular hanging basket or ground cover for small, exposed, well-drained gardens (Fig. 1). Glossy foliage sparkles in the sun forming a superb backdrop displaying the 3/4 inch blossoms nearly year-round. The moderately thick, succulent stems are flexible and easily snapped. They appear to crawl along the soil and hug the ground forming a tight, almost clipped appearance. Plants grow no taller than about 3 to 4 inches.

**General Information**

- **Scientific name:** *Aptenia cordifolia*
- **Pronunciation:** ap-TEE-nee-uh kor-dif-FOLE-ee-uh
- **Common name(s):** Baby Sunrose
- **Family:** Iizoaceae
- **Plant type:** ground cover
- **USDA hardiness zones:** 10 through 11 (Fig. 2)
- **Planting month for zone 10 and 11:** year round
- **Origin:** not native to North America
- **Uses:** hanging basket; cascading down a wall; ground cover; mass planting
- **Availability:** somewhat available, may have to go out of the region to find the plant

**Description**

- **Height:** 0 to .5 feet
- **Spread:** depends upon supporting structure
- **Plant habit:** prostrate (flat)

**Plant density:** dense

**Growth rate:** slow

**Texture:** fine

**Foliage**

- **Leaf arrangement:** opposite/subopposite
- **Leaf type:** simple

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Figure 2. Shaded area represents potential planting range.

Leaf margin: entire
Leaf shape: ovate
Leaf venation: none, or difficult to see
Leaf type and persistence: evergreen
Leaf blade length: less than 2 inches
Leaf color: green
Fall color: no fall color change
Fall characteristic: not showy

Flower

Flower color: red
Flower characteristic: spring flowering; summer flowering; fall flowering

Fruit

Fruit shape: unknown
Fruit length: unknown
Fruit cover: unknown
Fruit color: unknown
Fruit characteristic: inconspicuous and not showy

Trunk and Branches

Trunk/bark/branches: not applicable
Current year stem/twig color: green
Current year stem/twig thickness: medium

Culture

Light requirement: plant grows in full sun
Soil tolerances: acidic; slightly alkaline; sand; loam;
Drought tolerance: high
Soil salt tolerances: unknown
Plant spacing: 24 to 36 inches

Other

Roots: not applicable
Winter interest: no special winter interest
Outstanding plant: plant has outstanding ornamental features and could be planted more
Invasive potential: not known to be invasive
Pest resistance: long-term health usually not affected by pests
Use and Management

More often grown in a hanging basket in well drained media, its small stature and slow growth make it suited for a ground cover in a small landscape or rock garden. Locate it in front of an upright, grass or grass-like plant such as one of the ornamental grasses, Africa Iris or Spartina to make a stunning, contrasting combination.

Be sure to locate Baby Sunrose in the full sun, and keep the soil on the dry side once it becomes established to prevent root rot. It is best suited for a coastal landscape where wind and sandy soil keep the soil dry. A light fertilization two or three times during the year should be all the plant needs to maintain a good appearance. After watering plants in containers, be sure to allow the media to become fairly dry before the next irrigation. Established landscape plants should require little if any irrigation in most years. Do not plant in a landscape soil unless it is very well-drained.

Pests and Diseases

If soil is kept too moist, roots can rot causing poor growth, chlorosis and plant death.